

The Gathering

Wednesday afternoons, 1:00 p.m., 14 Main St. Parlor



We gather each Wednesday afternoon to be in community and to share stories, thoughts and ideas. We welcome newcomers and women who want to create a community of like-minded people who wish to make a difference in our world. If you would like to learn more about who we are and what we do, and to offer new ideas, please contact Diane.

Diane Elliott

Sacred Texts Meditation Group

Second and fourth Thursday afternoons, 4:00 - 5:15 p.m.



Each session will have a reading, a 10-minute meditation, and exploration of one chapter from the Tao Te Ching, including its meaning to each of us, as well as related writings, poetry or art. Newcomers are welcome. Gatherings will be Zoom only. For information and the Zoom link, contact Rich.

Rich Elliott

How to contact leaders and committee members

Eric Cornetta	781-740-0628	EECornetta@aol.com
Diane Elliott	781-749-2248	dianeabbeyelliott@gmail.com
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Rich Elliott	781-812-8897	richelliott56@gmail.com
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Ruben Marquez	617-281-4456	papibearrtb@aol.com
Lisa Sawyer		lsawyer49@gmail.com
Patti Smith	781-789-9571	patricia.t.smith@comcast.net
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Marty Saunders

Life Learning

at Old Ship

2025 – 2026



In harmony with Unitarian Universalist principles and sources of inspiration, learning opportunities at Old Ship serve our community by encouraging spiritual growth and the free and responsible search for truth and meaning.

Gatherings, which are open to members and friends of the Old Ship community, will be in person, in the Meeting House, in the parlor at 14 Main Street, or on Zoom. Some will be hybrid — in-person with a Zoom option. Watch the newsletter and website for additions, changes and updates. Contact information for course leaders appears on the last page of this brochure.

AUTUMN

Consciousness After Death

Duane Wilke

Three Tuesdays, Oct. 14-Oct. 28, 1:00-3:00 p.m., 14 Main St. parlor



This class will explore human consciousness, prompted by a reading of “Beyond the Brain” by Jeffrey Mishlove. This piece won a contest by the Bigelow Institute for Consciousness Studies for the best evidence-based essay on whether human consciousness survives physical death. The essay is available at this link: <https://www.bigelowinstitute.org/docs/1st.pdf>. Participants are asked to read the first 26 pages and view the embedded videos. Limited to 15 participants. For information, contact Duane.

Writing Memoirs

Jane Zimmermann

Five Wednesdays, Oct. 22 - Nov. 19, 7:00 - 8:30 p.m., 14 Main St. parlor



Join us to unearth memories and deepen your understanding of what made you who you are today. Participants will use prompts to help recall scenes from their lives and put them on paper. Suggestions for writing at home will also be given. Class is in-person only. Jane has studied fiction, nonfiction, memoir, and writing group leadership at the Radcliffe Seminars, Leslie University, Amherst Artists and Writers, Cape Cod Writer's Conference, and Breadloaf Writer's Conference. She is a long time OSC member who has recently returned to live in Hull with her husband, dog, and roost-ruling cat. Limited to 12 participants. For information, contact Jane.

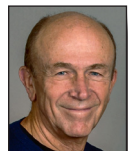
COMING ATTRACTIONS

The following courses are planned but have not yet been scheduled. Please watch for revised editions of this brochure, and online emails, for further information.

Religion in America

Dennis Hogan

Dates and locations to be determined.



This class will be a topical survey of religion in the United States from the time of colonization to the present. We'll look at specific topics such as early foundations, belief systems and myths, impact on the U.S. Constitution and laws, role in westward expansion, political dynamics, relationship to slavery and indigenous life, demographics, current trends, and potential implications for the future. There will be six classes over an eight-week period. Readings will be provided digitally or through internet links. For information and to sign up, contact Dennis.

Poetry: A Lifetime's Golden Thread

Elizabeth Torrey

Dates and locations to be determined



Honoring National Poetry Month in April, this three-week session will share favorite poems from childhood, adulthood, and elderhood. Thinking back over our lives, entering "the kingdom of remembrance" in Mary Oliver's words, via meaningful poems, will give us a deeper appreciation of the many golden gifts that poetry offers. For further information, contact Elizabeth.

2025 — ONGOING GROUPS AND GATHERINGS — 2026

Crossing Time Poetry Circles

Elizabeth Torrey

At the turnings of winter and spring:

Dec. 21, March 20, 7:00 p.m., in-person, Zoom



We begin our 29th year! Come join the ongoing poetry renaissance in America. Bring a favorite poem to read — it's an opportunity to share and perhaps deepen our appreciation of poetry, and reinforce our connection with the natural cycles of life. All welcome! *Only be willing to search for poetry, / and there will be poetry. / My soul, a tiny speck, is my tutor.* — Yuan Hei. Dec. 21 in the Meeting House at 6:45 p.m., March 20 at 14 Main Street at 7:00 p.m. For information and a Zoom link, contact Elizabeth.

The Way of the Bodhisattva

Catherine Mayes, Lisa Sawyer

Every Sunday morning, 8:30 a.m., Zoom



Twenty minutes of sitting meditation followed by discussion of a Buddhist or related text, facilitated by members of the group. For questions and Zoom link, contact Lisa Sawyer.

Men's Breakfast

Eric Espinosa, Ruben Marquez

Fourth Sunday mornings, 8:30 a.m., 14 Main St. Parlor, Zoom



An ongoing opportunity for men to get together in a safe, nurturing environment to speak freely and listen deeply as a form of spiritual practice. We also seek to have fun together and rekindle our playful souls. For information and a Zoom link, contact Eric or Ruben.

Anti-Racism And Climate Justice Book Group

Patti Smith

Third Sunday evenings, starting Oct. 19, 7:00 p.m., Zoom



Volunteers lead monthly discussions and suggest books. People can come when they wish or when they are most interested in the book being discussed. October's book is *Why Black Men Nod To Each Other* by Bill Raynor. November's is *White Evangelical Racism* by Anthea Butler. For information and a Zoom link, contact Patti.

Ceilidh ("kay-lee")

Eric Cornetta

First Tuesday evenings, 7:00 p.m.



Sharing of songs, stories, poems, and an old-fashioned good time. Bring an instrument or just bring yourself to listen and maybe sing along. Everyone is welcome. Come anytime between 7 and 9:30. Gatherings will be in the 14 Main Street Parlor, in person and via Zoom. For information and a Zoom link, contact Eric.