

Sexual Orientation

Understanding Gay & Lesbian Identities

Gay and lesbian people have the capacity to form attraction and/or relationships with a person of the same gender.

[Trevor Project - Understanding Gay & Lesbian Identities](#)

Understanding Bisexuality

Bisexual people have the capacity to form attraction and/or relationships to more than one gender.

[Trevor Project - Understanding Bisexuality](#)

Understanding Asexuality

Within the asexual community, there are many ways for people to identify.

[Trevor Project - Understanding Asexuality](#)

How to Support Bisexual Youth

An introductory educational resource that covers topics and best practices for supporting the bisexual youth in your life.

[Trevor Project - How to Support Bisexual Youth](#)

Resources for International LGBTQ Youth

No matter where you live, you can access TrevorSpace, a safe and secure social networking site for LGBTQ young people and their allies.

[Trevor Project - Resources for International LGBTQ Youth](#)

Black & LGBTQ: Approaching Intersectional Conversations

Approaches for before, during, and after a difficult conversation to make sure the dialogue – and your mental health – stays safe.

[Trevor Project - Black & LGBTQ: Approaching Intersectional Conversations](#)

Navigating Personal Safety while Taking Action as an LGBTQ Young Person

The Trevor Project acknowledges that every LGBTQ young person's situation and environment is different. We want to share some tips to help LGBTQ youth navigate personal safety while channeling their energy into meaningful action online or in person.

[Trevor Project - Navigating Personal Safety while Taking Action as an LGBTQ Young Person](#)

Navigating LGBTQ Identities and Religion

The relationship between religion and the LGBTQ community is a complicated one, and everyone experiences it differently. It all depends on how you feel, and what you choose.

[Trevor Project - Navigating LGBTQ Identities and Religion](#)

Crushes & Early Relationships

[Trevor Project – Crushes & Early Relationships](#)

Resources for LGBTQ Youth Experiencing Homelessness

Here are some helpful homelessness resources. Remember, you can always reach out to The Trevor Project, if you need immediate help or support.

[Trevor Project – Resources for LGBTQ Youth Experiencing Homelessness](#)

The Coming Out Handbook

Explore what coming out means to you with tools and guiding questions.

[Trevor Project - The Coming Out Handbook](#)

5 Things to Know to Make Your Feminism Trans-Inclusive

[HRC - 5 Things to Know to Make Your Feminism Trans-Inclusive](#)

Be an Ally – Support Trans Equality

[HRC - Be an Ally – Support Trans Equality](#)

Transgender

Transgender people come from all walks of life, and HRC Foundation has estimated that there are more than 2 million of us across the United States. We are parents, siblings, and kids. We are your coworkers, your neighbors, and your friends.

[HRC - Transgender](#)